

Core Sports Betting Newsletter - 07-02-2026

Hi All,

This week's articles focus on three practical sports betting strategies that help you evaluate opportunities with data instead of emotion. Whether you're analyzing tennis return statistics, looking for contrarian value in MLB, or targeting golf's volatile first-round leader market, these guides offer straightforward approaches you can add to your betting toolbox.

- [Return Points Won Betting System: A Simple Tennis Betting Strategy Using Return Statistics](#) – Learn how one of tennis' most predictive stats can help identify value before the betting market fully adjusts.
- [Home Underdogs After Being Swept: A Contrarian Sports Betting Angle Worth Tracking](#) – Explore why teams coming home after a series sweep may present overlooked betting opportunities and how to evaluate the situation properly.
- [How to Bet First Round Leaders in Golf](#) – Discover key statistics and course factors that can improve your chances of finding golfers capable of starting tournaments with a low opening round.

As always, be well and bet smart.

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Quote of the Week

“Success depends upon previous preparation, and without such preparation there is sure to be failure.” - *Confucius*

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CSB Sports Betting Courses

Learn a structured, step-by-step approach to sports betting with CSB's NHL and MLB handicapping courses. Each course teaches a complete system for evaluating games, identifying qualified wagers, and managing your bankroll with discipline and consistency. Every strategy has been backtested over 10+ years, and the full backtesting results are included so you can see exactly how the systems have performed over time.

[Bounce-Back Regression - MLB Handicapping Course](#)

A structured MLB system focused on identifying value opportunities after lopsided losses, using regression principles and defined criteria to uncover qualified bounce-back situations.

[Hockey Pipes - NHL Handicapping Course](#)

A step-by-step system for identifying qualified NHL wagers using defined criteria and structured bankroll management.

[Payoff Pitch - MLB Handicapping Course](#)

A complete MLB betting framework that shows you exactly how to evaluate games and consistently identify qualified betting opportunities.

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Articles of the Week

[Return Points Won Betting System: A Simple Tennis Betting Strategy Using Return Statistics](#)

Tennis bettors have access to more statistics than ever before. Rankings, recent match results, head-to-head records, service percentages, break point conversion rates, and surface records all provide valuable information. The challenge is determining which statistics actually help predict future results and which ones simply describe what has already happened.

One statistic that deserves far more attention from bettors is return points won percentage. While many tennis fans focus on powerful serves and aces, the ability to win points on an opponent's serve often tells a deeper story about a player's overall strength. Players who consistently win return points put pressure on opponents throughout a match, create more break opportunities, and frequently find ways to remain competitive even when their own serve is not at its best.

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[Home Underdogs After Being Swept: A Contrarian Sports Betting Angle Worth Tracking](#)

Sports bettors are constantly searching for situations where public perception and reality do not perfectly align. Some of the best opportunities can appear when the betting market becomes overly focused on what happened recently rather than what is likely to happen next. One situation that frequently creates this type of environment involves home underdogs after being swept.

[Read More](#)

[How to Bet First Round Leaders in Golf](#)

Golf betting offers a variety of wagering opportunities, but few are as exciting as first round leader bets. Unlike tournament winner wagers that require a golfer to maintain form over four days, first round leader bets focus entirely on a player's performance during the opening round. This creates a unique betting environment where preparation, course conditions, and timing often play a significant role.

For many sports bettors, learning how to bet first round leaders in golf opens the door to larger odds and more opportunities to identify overlooked value. While predicting a tournament champion can be difficult because of the many variables that unfold over four rounds, finding a golfer capable of posting one exceptional round is often a more manageable task.

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Free Sports Betting Calculators

Make smarter betting decisions using [CoreSportsBetting.com's free tools](https://coresportsbetting.com). These calculators help you understand true odds, manage bankroll risk, and plan profitable betting cycles using structured, math-based analysis.

- [Moneyline Calculator](#) - Convert odds, implied probability, and profit instantly
- [Parlay Calculator](#) - Calculate combined odds, payout, and total profit
- [Kelly Criterion Calculator](#) - Determine the optimal bet size based on your edge
- [No-Vig Odds Calculator](#) - Reveal the true fair odds behind sportsbook margins
- [Cycle Profit Recovery Calculator](#) - See exactly what's needed to finish a cycle profitable
- [Losing Streak Probability Calculator](#) - Understand variance and prepare for inevitable streaks
- [Winning Percentage vs Moneyline Calculator](#) - Compare your win rate to odds to quickly identify if a bet offers value

These are the same tools used by disciplined bettors to remove emotion and make confident, informed wagering decisions.

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Until next time, make it a great day!

J. Jefferies