

Core Sports Betting Newsletter - 04-30-2026

Hi All,

This week's issue focuses on one of the most powerful edges in sports betting: finding value where the market is slightly off.

Most bettors instinctively gravitate toward favorites. It feels safer. It feels logical. But over time, that approach often leads to overpaying for wins and missing the bigger picture.

Real long-term profit tends to come from identifying underdogs that shouldn't be priced as underdogs—situations where matchup data, fighting styles, or bankroll strategy create hidden value.

In other words, it's not about betting more games... it's about betting the *right* ones.

Inside this issue, we break down:

- [How to Bet MLB Underdogs with a Better Starting Pitcher \(A Smart Value Strategy\)](#)

Learn how to spot games where the betting line doesn't fully account for pitching advantages. When the underdog has the better arm on the mound, the value opportunity becomes very real.

- [How to Bet UFC Underdogs with High Finish Rates: A Smart UFC Underdog Betting Strategy](#)

Discover how finishing ability can completely flip fight expectations. This strategy focuses on fighters who don't need judges' decisions—giving underdogs a true path to winning outright.

- [Flat Betting vs Unit Scaling: Which Strategy Is Better for Long-Term Profit?](#)

This is where everything ties together. Even the best value bets need the right money management. We compare consistent flat betting with more aggressive scaling approaches so you can decide what fits your long-term plan.

As always, be well and bet smart.

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Quote of the Week

"You don't need to swing at every pitch." - *Warren Buffett*

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CSB Sports Betting Courses

Learn a structured, step-by-step approach to sports betting with CSB's NHL and MLB handicapping courses. Each course teaches a complete system for evaluating games, identifying qualified wagers, and managing your bankroll with discipline and consistency. Every strategy has been backtested over 10+ years, and the full backtesting results are included so you can see exactly how the systems have performed over time.

[Bounce-Back Regression - MLB Handicapping Course](#)

A structured MLB system focused on identifying value opportunities after lopsided losses, using regression principles and defined criteria to uncover qualified bounce-back situations.

[Hockey Pipes - NHL Handicapping Course](#)

A step-by-step system for identifying qualified NHL wagers using defined criteria and structured bankroll management.

[Payoff Pitch - MLB Handicapping Course](#)

A complete MLB betting framework that shows you exactly how to evaluate games and consistently identify qualified betting opportunities.

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Articles of the Week

[How to Bet MLB Underdogs with a Better Starting Pitcher \(A Smart Value Strategy\)](#)

Most sports bettors are naturally drawn to favorites. It feels safer, more predictable, and often aligns with the better-known team. But in Major League Baseball, that instinct can quietly work against you. The reality is that odds are not always set based purely on who has the better chance to win - they are heavily influenced by public perception, team reputation, and betting volume.

This creates opportunities where the underdog is priced higher than it should be, even when it has a key advantage on the mound. Learning how to bet MLB underdogs with a better starting pitcher allows you to take advantage of these situations, where the numbers and the matchup don't quite align with the odds.

[Read More](#)

[How to Bet UFC Underdogs with High Finish Rates: A Smart UFC Underdog Betting Strategy](#)

Most UFC bettors focus heavily on records, rankings, and recent wins when making decisions. While those factors matter, they often miss one of the most important edges in MMA betting: a fighter's ability to end a fight instantly. Unlike other sports where performance must be sustained over time, a single moment in MMA can completely flip the outcome. That's where this UFC underdog betting strategy for high finish fighters comes into play.

[Read More](#)

[Flat Betting vs Unit Scaling: Which Strategy Is Better for Long-Term Profit?](#)

Most sports bettors don't struggle because they can't pick winners - they struggle because they don't manage their money properly. You can have a solid understanding of teams, matchups, and trends, but if your betting strategy is inconsistent, your bankroll will reflect that over time. This is where the debate around flat betting vs unit scaling becomes extremely important.

[Read More](#)

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Free Sports Betting Calculators

Make smarter betting decisions using [CoreSportsBetting.com's free tools](https://coresportsbetting.com). These calculators help you understand true odds, manage bankroll risk, and plan profitable betting cycles using structured, math-based analysis.

- [Moneyline Calculator](#) - Convert odds, implied probability, and profit instantly
- [Parlay Calculator](#) - Calculate combined odds, payout, and total profit
- [Kelly Criterion Calculator](#) - Determine the optimal bet size based on your edge
- [No-Vig Odds Calculator](#) - Reveal the true fair odds behind sportsbook margins
- [Cycle Profit Recovery Calculator](#) - See exactly what's needed to finish a cycle profitable
- [Losing Streak Probability Calculator](#) - Understand variance and prepare for inevitable streaks
- [Winning Percentage vs Moneyline Calculator](#) - Compare your win rate to odds to quickly identify if a bet offers value

These are the same tools used by disciplined bettors to remove emotion and make confident, informed wagering decisions.

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Until next time, make it a great day!

J. Jefferies